



ENGLISH

פנסיונרים

Pensioners

9th Edition



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Introduction - Pensioners in Israel

Whether you have come to Israel as a retired immigrant, or you have already been in the country for several years prior to retirement, living in Israel as a pensioner will naturally mean many changes in your life. This booklet outlines rights and benefits for retirees, as well as brings to your attention some important points, in order to help you to make the most of your leisure years.



Note: this is the ninth edition of this booklet, and hereby nullifies any previous editions. The information contained in this booklet is based on data provided by various official sources. Details are subject to change. In case of any discrepancy, the regulations of the Ministry of Aliyah and Immigrant Absorption, the National Insurance Institute, the Ministry of Social Affairs and Social Services, and other official bodies will prevail.

Staying Active

Once you are retired, you will discover that there is a wealth of activities to tempt you.

The following are just a few examples:

- Many retirees contribute greatly to the country by volunteering their time and efforts to a myriad of causes. Some tutor Israelis in English or raise funds for important causes, while others assist at various service organizations, community centers, and institutions for persons with disabilities. Many choose to work with their immigrant organizations, participating in absorption activities on behalf of new



immigrants or lone soldiers, as well as social action and community-oriented projects. There are also Israeli branches of almost all of the overseas Jewish organizations.

- Tourist attractions often welcome anyone who can give a few hours to greet visitors, show them around, and help make their visit more enjoyable.
- Hospitals need volunteers to assist with patient care and public relations work, to staff gift shops and snack bars, and serve in various other support capacities.
- There is a wide range of social activities. Newspapers carry weekly listings of events including tours, lectures, concerts, plays, and social gatherings. There are Jewish-study options for men and women, exercise and yoga classes for all ages, Israeli, folk, Salsa, and ballroom dancing lessons, sports, and a Scrabble club with branches in many parts of the country.
- The immigrant organizations have seniors' groups and plan a large number of events for members, including lectures, trips, classes, study retreats, and social activities. They also offer guidance and counseling as well as other services. New members are warmly welcomed. In some cases, the organizations sponsor "adoption" programs, which put together veteran immigrants and newcomers, as well as reach-out programs to members who are sick or unable to leave their homes.
- Some of the universities and regional colleges allow non-degree candidates to audit regular courses designed for continuing education. Students can also study a wide range of subjects through the Open University.

In short, anyone who wishes to lead an active life in Israel can do so.



Assistance to New Immigrants

New immigrants from all countries are entitled to receive financial assistance from the Ministry of Aliyah and Immigrant Absorption in the form of the “Absorption Basket” (sal klita). This includes immigrants of retirement and pre-retirement age. It should be noted, however, that the level of some forms of assistance to immigrants of pre-retirement and retirement age is not the same as that to immigrants in other categories.

New immigrants receive the first installment of the Absorption Basket upon arrival at Ben Gurion airport. It is partly in cash, and partly in the form of a bank transfer, which means that it is necessary to open a bank account.

For more information about the Absorption Basket, consult the publications entitled “Guide for the New Immigrant,” and “The Absorption Basket,” available from the Publications Department. See the order form at the back of this booklet. You can also visit the Ministry of Aliyah and Immigrant Absorption website: www.klita.gov.il.



Hebrew Ulpan



Following aliyah, many new immigrants spend their days learning Hebrew in an ulpan, an intensive Hebrew course.

There are special ulpan aleph (first level) classes for immigrants of pension age, although the classes are also open to younger students.



Ulpan for pensioners differs from standard ulpan aleph in the following respects:

- The length of the period of study, which is 10 months (instead of 6 months).
- The more relaxed pace of study (about 12 hours of class time a week, compared to 25 hours in the regular classes).
- The relative homogeneity, in terms of age, of the course participants (about 90% of the students are between the ages of 59 and 72).
- The greater amount of attention paid by instructors to the needs of older students.

Beyond equipping pension-age immigrants with essential Hebrew language skills, the ulpanim tend to offer a warm and supportive social setting for the participants.

Note that ulpan for retirees may not always be available at every location, or at all times.

It is important to register at a Hebrew ulpan as soon as possible after obtaining new-immigrant status in Israel. This is not only because of the necessity of speaking the language in order to integrate into the country, but because **subsidies for Hebrew ulpan study are for the first 18 months years following aliyah only.**

In order to find out about ulpan options, consult with a personal absorption counselor at a local branch office of the Ministry of Aliyah and Immigrant Absorption. Tuition subsidies for ulpan are on a one-time basis.

For more information, consult the "Guide to Ulpan Study," available from the Publications Department (see the order form at the back of the booklet).





A variety of housing options is available, including renting or purchasing an apartment or home, or residence in a building designed especially for older residents.

Renting an Apartment

Those who prefer not having to spend much time and money on maintenance and upkeep of a new home may find it more convenient to rent an apartment.

On the other hand, apartment rentals tend to be on a short-term basis, and it may be necessary to move every few years. Most apartments for rent are those that are temporarily not in use by their owners. Rent-controlled housing is scarce, and costs can rise frequently. You may find that purchasing an apartment provides long-term security.

Government rental subsidies are available to most new immigrants for their first five years following aliyah, following the conclusion of the period of Absorption Basket payments. The level of the subsidy depends on a number of factors, including family status, age, and receipt of any assistance from the National Insurance Institute.

Purchasing an Apartment

Mortgages are available for those who wish to purchase an apartment, according to criteria including age and number of years in the country.

Those not eligible for special mortgage terms may take a loan from a mortgage bank at the bank's own discretion and according to the bank's criteria.



For more details about rental subsidies and mortgages, contact one of the housing assistance companies (Amidar, Matan-Chen, or M.A.G.A.R.; see Useful Addresses). Refer also to the booklet entitled "Housing," available from the Publications Department. See the order form at the back of this booklet.

Retirement Housing

There are three forms of housing in Israel designed especially for seniors:

- Nursing homes (*batei avot*) that provide round-the-clock care. Nursing homes should receive certification from the Ministry of Health.
- Partial-support homes (*diur mugan*) that may offer medical services, a communal dining room, social activities, etc. Residents live in private apartments and are almost completely independent. Note that the Ministry of Social Affairs and Social Services should license all facilities.
- Senior-citizens' apartment buildings, also known as retirement buildings.

In many cases, it is possible to receive information and referrals to nursing and partial-support homes through the social services department of the local municipality. In most locations, you can reach your municipality information line (moked ironi) by dialing 105/6/7.

Make sure that the appropriate governmental ministry approves any residence you may consider. Keep in mind, however, that merely because facilities are on the approved list does not mean that standards do not vary widely among them. Be sure to investigate each residence carefully.

In recent years, retirement buildings have become increasingly popular. In this type of building most housing



units are sold individually, and the builder may sometimes offer additional mortgages. Each building has its own purchase arrangement, and it is worth investigating each one individually. **It is important to note that purchasers are not able to receive special immigrant terms for a mortgage for a unit in a retirement building. Further, in most cases, the banks will not provide mortgages for such a purchase.** This is largely due to the impossibility of using a retirement unit as collateral against the mortgage.

Included among the services that retirement buildings may offer are cafeterias or dining rooms, a library, cultural programs, cleaning and maintenance, a synagogue, and nursing services.

Retirement housing varies in quality and price, as well as availability. Waiting periods can range from several months to a year or two. If you are interested in retirement housing, it is advisable to consult with one of the immigrant societies for up-to-date information.

What to Look For When Renting or Purchasing an Apartment

- Find out if the building has an elevator.
- Check the direction of exposures, amount of sun, vulnerability to cold, wind, and rain.
- Investigate the neighborhood. What is the general nature of the population? Are there many English-speakers? What are the typical ages of the residents? Are neighborhood services, such as supermarkets, health-fund clinics, and banks within a convenient distance? Are there bus stops nearby?
- If you are considering retirement housing or nursing-home care, be sure to check out the level and types of health facilities on the premises, as well as the day-to-day services. The general social atmosphere is important to investigate as well. Ascertain whether



there are other English-speakers in residence, and the types of activities and social events that you can expect.

- The Association of Americans and Canadians in Israel (AACI) has an information page about choosing a retirement facility on their website, as well as a list of facilities (www.aaci.org.il).

In some parts of the country, new buildings are often equipped with central heating. However, the building may only be heated for several hours each day and you may wish to supplement this with room heaters. Built-in central air conditioning is still relatively rare in Israel, except in luxury buildings. However, a wide variety of air conditioners is available for purchase. Most models feature heating functions as well, making it possible to heat or cool your apartment with the same unit. In some parts of the country, you may find that regular fans or “desert coolers,” which add coolness and moisture to the air, are sufficient. If you buy or rent an apartment, you may be lucky enough to find one that already has an air conditioner installed. However, if you rent an apartment and wish to install an air conditioner, make sure to get the landlord’s consent. Be aware that you may not be able to remove the unit once you have installed it. Be aware also that when installing an air conditioner you must obtain all necessary authorizations from your local municipality; if you are in an apartment building you may also have to obtain your neighbors’ permission as well. Contact your local municipality for details.

Finding an Apartment to Rent or Purchase

In most cases, the procedure for finding an apartment to rent or purchase in Israel is much the same as anywhere else. The Friday newspapers usually carry extensive real-estate listings. While the English-language press carries



many advertisements, the Hebrew papers generally have listings that are more complete. You can also search for listings online. Try using such keywords as “apartments in Israel,” “rentals in Israel,” “real estate in Israel,” or narrowing your search to specific cities or towns.

It is also possible to rent or purchase through an agent. Many real estate agencies employ English-speaking agents. A good agent can help you to find the kind of apartment that will best suit your needs. Agents generally take a set percentage of the rental or purchase cost. It is recommended to ascertain the agent’s fee in advance.



Note: for detailed information on renting or purchasing a home, consult the booklet entitled “Housing.” See the order form at the back of this booklet.



Drivers Licenses

New immigrants can convert their foreign driving license within three years of aliyah, however it is only permissible to drive on the overseas license for one year. Returning residents may convert their overseas licenses within one year of return, on condition that they reside abroad for at least one year, and that the license was issued at least six months prior to return.

The Licensing Procedure:

1. Go to the nearest licensing photography center (Femi-Premium or Taldor) in order to be photographed for the license. See Useful Addresses. The center will issue a form with your personal information and the photographs, and addresses of optometrists authorized to administer the optical examination.

You must supply the following documents:

- Valid overseas driver's license issued at least six months prior to receipt of new-immigrant status, and photocopies of the license.
 - Passport that verifies entrance into Israel and residence overseas at the time of issuance of the foreign passport.
 - *Te'udat zehut*
 - *Te'udat oleh*
1. Take the form to an authorized optometrist or eye doctor for an optical examination. Drivers who wear glasses or contact lenses must wear them during the examination.
 2. Take the form to your family doctor for a physical examination.
 3. Submit the form you received at Femi-Premium or Taldor, together with the optometrist's and doctor's authorizations to the nearest Licensing Bureau.



You will also need the following documents:

- Valid overseas driver's license issued at least six months prior to receipt of new-immigrant status and photocopies of the license
- Passport that documents entrance into Israel and residence overseas at the time of the issuance of the foreign passport
- *Te'udat zehut*
- *Te'udat oleh*

The Licensing Bureau will then refer you to a driving school.

Set a time with an authorized driving instructor for the practical driving test. In most cases, it is recommended to take a number of driving lessons before the exam.

Upon successful completion of the practical driving test, your overseas license will be converted to an Israeli one.

Applicants who held an Israeli license in the past must present the following:

- Valid original overseas license.
- Passport with authorization of overseas residence at the time of receipt of the foreign license, and that confirms the date of entry into Israel.

It is also necessary to undergo the optical examination and the general physical examination. If the overseas license is a lower level than that of the requested Israeli license, the applicant may have to meet additional requirements including tests.

For more information about licensing and renewal procedures, consult the booklet entitled "Transportation Services in Israel," available from the Publications Department.



Public Transportation

Eligible seniors are usually entitled to a discount on public transportation upon presentation of a "veteran citizen certificate" (*te'udat ezrach vatik*). See the section entitled "Social Services" for details.

National Insurance

The National Insurance Institute (*HaMossad LeBituach Leumi*) is the government body responsible for social security. Every resident of Israel above the age of 18 is required to pay premiums, with the exception of housewives who do not work outside their home. However, new immigrants who arrive in Israel at age 60 or over do not pay premiums, and in most cases are not entitled to old-age or survivor's pensions (see below).

Note: the information contained here is correct at the time of publication. However, conditions and categories of eligibility are subject to change. Be sure to consult with a personal absorption counselor or the National Insurance Institute for up-to-date information and in order to check eligibility for any form of benefit. You can also obtain information from the National Insurance Institute website: www.btl.gov.il

Old-Age Pensions

The National Insurance Institute pays a standard old-age pension (*kitzbat zikna*) to all insured residents of Israel.

Pension Age

Note that retirement age is not the same as pension age. Retirement age is the age at which one may be eligible



for certain specific National Insurance Institute benefits (see first table below) as well as various benefits from other official bodies. Pension age, according to National Insurance Institute guidelines, is the age at which one can receive an old-age pension regardless of income.

Table I - Retirement Age According to Date of Birth - Men

Date of birth (month and year)		Retirement Age
From	To	
-	6/1939	65
7/1939	8/1939	65 and 4 months
9/1939	4/1940	65 and 8 months
5/1940	12/1940	66
1/1941	8/1941	66 and 4 months
9/1941	4/1942	66 and 8 months
5/1942	and thereafter	67

Table II - Retirement Age For Women

Date of birth (month and year)		Retirement Age
From	To	
-	6/1944	60
7/1944	8/1944	60 and 4 months
9/1944	4/1945	60 and 8 months
5/1940	12/1945	61
5/1945	8/1946	61 and 4 months
1/1946	4/1947	61 and 8 months
9/1946	and thereafter	62



Who is Covered?

- New immigrants (men and unmarried women) who come on aliyah before age 60 to 62, depending on date of birth.
- A married woman who comes on aliyah before age 60 to 62, depending on date of birth, is insured in any of the following circumstances:
 1. Her husband is over age 60 to 62 (depending on date of birth) when they come on aliyah.
 2. She is employed, and married to an insured man.
 3. She is not employed, and her husband is not insured, either because of his age at the time of aliyah, or because he is not a resident of Israel.
 4. She receives a general disability pension.
- A housewife (i.e., married woman who does not work outside her home) or a widow who is not employed
- An unmarried woman (single, divorced, widow, or an “*aguna*” with the exception of widows who receive other benefits.) The National Insurance Institute defines an “*aguna*” for assistance purposes as a woman whose husband refuses to grant her a Jewish divorce (*get*), whose husband has not been located for 2 years, or whose husband resides overseas without her consent and does not pay her alimony.

Conditions for Receiving a Standard Old-Age Pension

Insured persons who have reached retirement age are eligible for the old age pension if their income does not exceed a certain sum, on condition that they have accrued a “qualifying period.” Immigrants with no other source of income may be eligible for a special old-age benefit. See below.

The Qualifying Period

The qualifying period for an old-age pension is one of the following:

- 60 insurance months within the 10 years preceding pension age.



- 144 insurance months, even if not consecutive.
- At least 60 insurance months, on condition that the number of months that the beneficiary is insured from the date upon becoming a resident of Israel for the first time is greater than the number of months in which they are not insured.
- A returning resident who has not completed the qualifying period may be eligible for a special old-age benefit until they accumulate a qualifying period.
- An unmarried woman is exempt from the qualifying period on condition that she first immigrates following age 55-59, according to her date of birth. Consult with the National Insurance Institute for details, or view their website, www.btl.gov.il.

Table III

Month and year of birth		The age of immigration to Israel exempting a woman from the qualifying period
From	To	
-	6/1949	55
7/1949	8/1949	55 and 4 months
9/1949	4/1950	55 and 8 months
5/1950	12/1950	56
1/1951	8/1951	56 and 4 months
9/1941	4/1952	56 and 8 months
5/1952	12/1954	57
1/1955	8/1955	57 and 4 months
9/1955	4/1956	57 and 8 months
5/1956	12/1956	58
1/1957	8/1957	58 and 4 months
9/1957	4/1958	58 and 8 months
5/1958	and up	59



The National Insurance Institute periodically adjusts pension rates. You can get updated information from the National Insurance Institute (see Useful Addresses) or from their website: www.btl.gov.il.

Supplements

Recipients of old-age pensions may be eligible for one of the following supplements:

- Dependents' Increment - paid for a spouse and first two children, on condition that they do not receive their own pension.
- Seniority Increment – recipients may be eligible to receive a supplement for every year in excess of ten years' insurance, up to a ceiling of 50% of the pension.
- Pension Deferral Increment – a person who continues to work following retirement age, and who does not receive a pension due to their earned income, may be eligible to receive a supplement for each year that they do not collect the pension.

NOTE: Housewives and new immigrants who receive special benefits are not entitled to any of these supplements.

Grant Following Decease of Beneficiary

This grant is a one-time payment to the widow/widower or child of a deceased person who received an old-age pension while alive.

Special Old Age Benefits for New Immigrants

Immigrants who arrive in Israel after age 60 to 62 (depending on date of birth) are not insured, and are therefore not eligible for the standard old-age pension. However, if one's income does not exceed a set amount, they may be eligible to receive a special benefit from the National Insurance Institute.



In most cases, eligible immigrants receive the special old-age benefit directly into the same bank account as Absorption Basket payments. It is not necessary to file a claim. Immigrants who believe they are eligible for a special old-age benefit, and do not receive one, should submit a claim at the nearest local National Insurance Institute branch office.

The benefit is on a monthly basis beginning from the month of submission of the claim.

For more information, consult with the National Insurance Institute, or with a personal absorption counselor at the Ministry of Aliyah and Immigrant Absorption. You can also find information on the National Insurance Institute website: www.btl.gov.il.

Income Supplement

A recipient of an old-age pension or a special benefit for new immigrants whose other sources of income do not exceed a set amount may be entitled to an income supplement (*hashlamat hachnasa*) in addition to the pension. Persons receiving both an old-age pension and an income supplement may also be eligible for additional benefits including increased rental subsidies and discounts on municipal taxes.

Travel Overseas

A recipient of an old-age pension who travels abroad can continue to receive the pension for up to 3 months following departure.

The beneficiary receives the pension in their bank account in Israel.

One who intends to stay abroad for more than 3 months should notify the National Insurance Institute in advance,



in writing. Under special circumstances, it may be possible to receive the pension while abroad, even beyond the 3-month period.

One who receives the old-age pension and an income supplement, and travels overseas four or more times in one calendar year will not receive the income supplement for the entire period of the trip abroad, including the month in which they go abroad and the month in which they return to Israel. These restrictions do not apply to persons who travel overseas in order to obtain medical treatment unavailable in Israel. It is necessary to supply the National Insurance Institute with all relevant medical authorizations.

Special Assistance for Daily Needs (Long-Term Care Benefit)

Individuals of pension age who are in need of assistance with daily activities such as dressing, eating, and washing, or who are in need of supervision, may be eligible to receive aid (*gimlat siud*) from the National Insurance Institute. Those living in a nursing home are not eligible for this benefit, but persons in a general hospital can be entitled to a benefit for the first 14 days of hospitalization. The right to the benefit, and the level of the benefit, is contingent on a means test. Assistance is in the form of services that include home-help for daily activities, care in a day-center, laundry services, provision of disposable undergarments, and emergency call buttons.

Eligibility Requirements

- Persons who have reached pension age, who reside in their own home, and need assistance in carrying out daily activities such as washing, dressing, and eating, or are in need of constant supervision in order to ensure their safety or that of others.



- Services are provided to persons whose income does not exceed a level determined by the National Insurance Institute, and who do not receive an Attendance Allowance, a General Disability Allowance, or Work Injury Disabled benefits.

Once the National Insurance Institute receives a claim for a long-term care benefit, and determines that the applicant meets all the conditions specified above, a professional (a nurse, physiotherapist, etc.) examines the claimant to determine the extent of dependence on others, or the extent of the supervision that is required.

Services include:

- Assistance from a home caretaker in carrying out daily activities and household management, and supervising individuals in need of monitoring.
- Disposable undergarments.
- Services in day centers.
- Laundry services.
- Emergency call buttons.

Requesting Assistance

In order to receive special assistance, submit a claim to a branch office of the National Insurance Institute. Include all relevant medical authorizations and certification of income. Another person may also file the claim on behalf of the individual (family member, guardian, social worker, or nurse).

If the entitled individual lives with a family member who is responsible for their care, and long-term care services are not available, they can be eligible for a cash benefit. The entitled person may also choose to receive a cash benefit if they employ a full-time caregiver.



Heating Grant

Once a year, recipients of old-age pensions can receive a heating grant according to the following conditions:

1. The recipient receives an income supplement to the old-age pension during October, November, or December of that year.
2. The recipient lives in an area that the law defines as "cold" for at least two months.

National Insurance Institute Counseling Center for Senior Citizens

Counseling Centers for Senior Citizens (*Mercaz Yiutz LeKashish*), staffed by retired volunteers, provide guidance and information about benefits and services from the National Insurance Institute and other government agencies. They also offer legal advice and information about sheltered residential options, employment possibilities, and health care. A professional staff supervises the volunteers.

Volunteers also offer counseling on issues related to retirement and aging. They conduct home visits to single and housebound persons, and to those requiring social support. Often the volunteer assists with important activities such as visits to the doctor, and contacting social welfare officials. Retired individuals with appropriate skills can volunteer as counselors. See Useful Addresses.

Monthly Grant for Purchases

The Ministry of Aliyah and Immigrant Absorption, in conjunction with the Ministry of Social Affairs and Social Services, provides a monthly grant for purchases to eligible new immigrants, in the form of a magnetic card.



Eligibility

- New immigrants between the ages of 70 to 80 (until their 80th birthday).
- In Israel for no more than 15 years.
- Receive an old-age pension and an income supplement from the National Insurance Institute, or a special old-age allowance and an income supplement from the National Insurance Institute, or an old-age pension (regular or special) from the National Insurance Institute.
- Are on the Ministry of Aliyah and Immigrant Absorption waiting list for public housing.
- Do not reside in public housing, in group housing, sheltered housing (a Ministry of Construction and Housing hostel,) in a private old-age home, nor in an absorption center, nor do they receive assistance for long-term housing rental.

Consult with a personal absorption counselor at the Ministry of Aliyah and Immigrant Absorption for more information.

Overseas Pensions

Retired new immigrants may be eligible to receive a pension from their country of origin. Eligibility depends on many factors. The guidelines presented below are extremely general. In order to ascertain specific rights to a pension from a particular country of origin, consult with one of the English-speaking immigrant associations, or contact that country's embassy or consulate in Israel (see Useful Addresses).

Pensions from the United States

United States citizens may be entitled to a variety of Social Security benefits. Eligibility is generally determined by age



at the time of aliyah, the number of years of employment in the US, and many other criteria. To determine eligibility for any kind of pension, contact the Social Security and Federal Benefits Unit of the United States Embassy. Information and claims forms are available on the website of the United States Embassy in Israel (see Useful Addresses). It is also possible to contact AACI for more information.

Pensions from Great Britain

In general, British citizens may be eligible to receive pensions, depending on the number of years they work in Britain prior to aliyah, and other criteria. Contact the British Embassy or UJIA Israel for more information (see Useful Addresses). See also the information on the British Embassy International Social Security Benefits website: www.dwp.gov.uk/international/benefits/.

Pensions from Australia

In order for an Australian to receive a pension from Australia, it is necessary to file the request in Australia, and be resident in Australia for at least ten years. One who is receiving a pension at the time of aliyah may be able to transfer their payments to Israel under certain conditions. For more information, contact the Australian Embassy or UJIA Israel (see Useful Addresses). Information is available on the website of the Department of Families, Housing, Community Services, and Indigenous Affairs: www.fahcsia.gov.au/our-responsibilities/seniors/benefits-payments.

Pensions from Canada

Canadians already receiving a government retirement pension at the time of their aliyah may be able to transfer their payments to Israel. In other cases, Canadians may be eligible for a federal or provincial pension depending



on a number of factors, including their number of years of employment in Canada prior to aliyah. Contact the Canadian Embassy for information. Detailed information is also available on the website of the Canadian Embassy in Israel. See Useful Addresses. It is also possible to consult with AACI for information.

Pensions from South Africa

Generally speaking, South Africans who were employed in South Africa, and paid into a private pension program, can collect retirement pensions while living in Israel, subject to certain conditions. However, they are usually not entitled to any form of pension from the South African government. Contact the South African embassy or the South African Zionist Federation for details.

Health Care



The National Health Insurance Law (1995) guarantees rights to health care.

This law ensures health coverage to every resident of Israel, including new immigrants, and defines the government's responsibility to provide health services to every person without discrimination. In other words, health insurance is mandatory, and all residents of Israel must be insured.

Like all other citizens, seniors are entitled to the full range of services included in the Basket of Health Services as mandated by law. The Basket contains general and geriatric care, including:

- Primary and specialist care.
- General hospitalization.



- Rehabilitative care following any medical incident resulting in a decline in capabilities, in either a geriatric rehabilitation hospital or general rehabilitation ward.
- Ongoing treatment for persons with diminished physical or cognitive capabilities, either in the community or in a residential setting.

Four health funds provide health services: Kupat Holim Clalit, Kupat Holim Leumit, Kupat Holim Meuhedet, and Kupat Holim Maccabi. The law requires each health fund to provide a package of specific services, known as the “basket of services.” This includes diagnosis and treatment in a wide range of areas that include family medicine, orthopedics, oncology, endocrinology and diabetes, gastroenterology, geriatrics, vascular surgery, heart surgery, cardiology, rheumatology, internal medicine, ophthalmology, and rehabilitation. Note, however, that not all treatments and medications are included in the basket. Further, the contents of the basket change from time to time, which means that treatments and prescriptions are sometimes added or removed.

Each of the four funds also offers members the possibility of supplementary health insurance (*bituach mashlim*,) for a monthly fee that may depend on age or medical history. The packages offered by each fund vary, but in most cases include coverage for additional surgeries, participation in the costs of private hospitalization, complementary medical services such as acupuncture and reflexology, coverage on additional prescriptions and medical treatments overseas. It is important to note that most packages also include insurance for chronic care. In most cases, there is a waiting period before supplementary coverage takes effect, depending on the type of coverage. Since not all supplementary packages include identical items, it is recommended to investigate the offerings of each health fund and then choose the fund that offers the most suitable services.



The English-speaking immigrant associations can in some cases provide advice and counseling on choosing a health fund.

NOTE: the law forbids the health funds to refuse membership to any applicant, or to deny any treatment or prescription that is included in the “basket of services.” If a health fund violates the law, it is possible to file a complaint with the public ombudsman (*netziv kvilot hatzibur*) of the Ministry of Health (see Useful Addresses).

Health monitoring and counseling for seniors are also offered by some Family Health Centers (*tachanot lebrivot hamishpacha*,) run by municipal authorities in conjunction with the Ministry of Health. Note that some services are for a fee. For information on the nearest Family Health Center, contact the local municipal information line (call 105/6/7 in most locations).

For more information, consult the booklets entitled “Health Services in Israel,” and “Registration in a Health Fund,” available from the Publications Department. See the order form at the back.

Note: A citizen of Israel who resides abroad must continue to pay National Health Insurance premiums in order to ensure continuity of coverage. Eligibility for specific types of coverage depends on the reasons for being abroad and length of stay. An Israeli citizen who receives recognition as a returning resident upon return to Israel may be liable for back-payments to the National Insurance Institute in order to receive health insurance, or be subject to a waiting period. Consult with the National Insurance Institute or the Ministry of Aliyah and Immigrant Absorption for more information.



Paying Health Insurance Premiums

New immigrants are in most cases entitled to free health insurance for six to twelve months following their date of aliyah, provided that they are not employed. Once the period of free coverage is over, it is necessary to arrange for payment of health insurance fees with the National Insurance Institute.

An individual employed in Israel prior to retirement in most cases has had health insurance premiums automatically deducted from their salary by their employer. One who is self-employed should have some form of arrangement with the National Insurance Institute.

Following retirement, the method of payment depends on whether one is a recipient of benefits from the National Insurance Institute:

- In most cases, those who receive National Insurance pensions (including old-age pensions,) have a standard, minimum fee automatically deducted from the pension.
- Those who arrive in Israel after the age at which they are required to pay National Insurance fees, but before the age of eligibility for a pension, and who are not eligible for special old-age pensions (because they have other sources of income) pay a set minimum fee until pension age, and from then on pay according to their income.
- Those who arrive in Israel after the age of eligibility for a pension must arrange payment of their health insurance directly with the National Insurance Institute.

For more information about paying health insurance premiums, consult a personal absorption counselor at the Ministry of Aliyah and Immigrant Absorption, or the National Insurance Institute. Detailed information is also on the National Insurance Institute website: www.btl.gov.il.



Chronic Care

The supplementary packages of the health funds generally include coverage for chronic care, either as part of the package, or as an additional component for an added fee. The National Insurance Institute participates in the costs of home-help for the chronically ill who meet their criteria for assistance (see above). Chronic-care patients whose family is unable to care for them may be hospitalized within a government framework in accordance with regulations of the Ministry of Health. The patient or patient's family generally participates in the costs of care. One may also choose to purchase private insurance packages that include chronic-care coverage.

In some cases, those who need home-care choose to employ a foreign caregiver. To do so, it is necessary to obtain all necessary permits from the Ministry of the Economy (formerly the Ministry of Trade, Industry, and Labor.) Contact the Ministry for more information. You can also consult the booklet entitled "Guide to Services for the Disabled," for an outline of regulations for employing a foreign caregiver. The booklet is available from the Publications Department. See the order form at the back of this booklet.

Continuing Foreign Health Insurance

New immigrants may be able to continue a medical insurance plan from abroad while living in Israel. Be sure that any arrangements with an overseas insurance company are in writing.

Many retired immigrants prefer to maintain their overseas coverage in the event that they travel back to their country of origin.

Immigrants from the United States should note that Medicare does not provide coverage outside the US.



However, immigrants who plan to visit the United States should consider retaining their coverage.

Accessing the National Insurance Institute

There are a number of ways to access the National Insurance Institute, including by telephone and at self-service stations.

The National Insurance Institute offers a manned National Call Center as well as an automated National Call Center. The National Call Centers provide general information as well as enables the public to request authorizations and forms, and make payments via credit card. See Useful Addresses.

There is also an automated payment line for payments to the National Insurance Institute. This line is for persons not employed for a salary, e.g., the self-employed, students, or the unemployed. See Useful Addresses.

At self-service stations, it is possible to receive authorizations for payments and benefits, information on accounts and authorizations for tax purposes, authorizations of work periods and types of work, authorization of membership in a health fund, summaries of information about unemployment benefits and information about payment of premiums.

Self-service stations are located at National Insurance Institute branch offices, as well as at many other public locations such as local municipal authorities. To find the nearest station consult the National Insurance Institute website: www.btl.gov.il.

When using a self-service station or National Call Center, it is necessary to have your identity number (*mispar zehut*) and a pin code issued by the National Insurance Institute. To obtain a pin code, contact a local NII branch office via the National Call Center (see Useful Addresses).



Employment



In the public sector, employees in most cases retire according to the regulations for pension age (see above.) There are no laws governing retirement in the private sector, in which retirement depends on the wishes of the employee, the policy of the place of employment, and other factors.

This does not mean, however, that your working years are over if you wish to continue to work after retirement.

Before setting out on a post-retirement job search, it is important to be realistic. While the law forbids discrimination on the basis of age, the truth is that you can expect age to be a factor in interviews and when being considered for a position. This does not mean that you should be discouraged from applying for work. However, you may have to make more of an effort to sell yourself than a younger candidate might. Be sure to stress your experience and skills. Display energy and enthusiasm. Point out that as an older employee you are less likely to be interrupted by parenthood and military service, as well as less likely to change positions frequently. You have stability and maturity to offer.

The longer that you have been in Israel, the greater your likelihood of a successful job search. Use your contacts and networking skills to find out about jobs and to obtain interviews. The employment prospects of new immigrants who make aliyah following retirement depend greatly upon Hebrew proficiency, as well as profession and background. Like any new immigrant, you must be prepared to accept a lower-level position and then work your way up, or even take a position in a completely different field, in order to "get your foot in the door."



It is necessary to be flexible when approaching your job search. Be open to new types of work. You may find that there are companies that, while not willing to take you on as a regular, salaried employee, might be happy to have your services as a mentor or consultant. If you have overseas contacts, you may be a valuable asset in a public-relations firm or marketing department. You may also be more likely to find employment if you are willing to work part-time.

Any job applicant may apply for assistance from the Israel Employment Service. The Employment Service can help applicants find job openings and can provide referrals to training and retraining courses. **While the Employment Service does not offer assistance to those past retirement age**, they can help those approaching retirement age to find work. See Useful Addresses.

The immigrant organizations can provide vocational counseling and help to link job seekers with appropriate employment.

On-line social networking can be an excellent source of advice, job leads, and tips. Take advantage of online job-listing sites such as AACI's Jobnet site (www.jobnet.co.il) and refer to them often. Social media sites such as Facebook and Twitter can let friends and acquaintances know that you are looking for work, and also help expand your network of contacts. The importance of maintaining an up-to-date professional profile on LinkedIn is also a critical tool in your job search. A LinkedIn profile enables you to expand your network of contacts, and is a valuable source of information to employment recruiters and potential employers. They may look at your profile to see how you present yourself, who you know professionally, and what they have to say about you.



It can be worthwhile to attend academic conferences and seminars in your field, in order to network and keep yourself up-to-date on developments.

Another option for employment following retirement is free-lance work or self-employment. Many people have created employment for themselves by starting home-based businesses such as office services, translations, catering, and crafts.

Being self-employed (*atzma'i*) in Israel, as anywhere else, offers the advantages of independence and flexibility. On the other hand, it is necessary to take into account the lack of guaranteed workflow and income.

Self-employment is most appropriate for consultants, writers, artists, tradespersons, and other professionals who have the possibility of working independently.

It is very important for any person wishing to start a business to consult with legal and accounting professionals. It is also necessary to open files with the Income Tax Authorities, Value Added Tax, and the National Insurance Institute.

Assistance from the Ministry of Aliyah and Immigrant Absorption

The Ministry of Aliyah and Immigrant Absorption offers assistance to entrepreneurs who meet all requirements, **including age criteria**. Services include:

- Coordinators at Ministry of Aliyah and Immigrant Absorption branch offices, who offer guidance, and handle applications for loans.
- Advisors who offer new businesses assistance such as business courses, drawing up business plans, planning budgets, information on sources of financing, marketing, tax laws, licensing, and other



matters. They can also help make business contacts, help locate investors and partners, and other similar services.

To receive information or assistance, consult with a personal absorption counselor.

For more details about employment in Israel, consult the booklet entitled "Employment," available from the Publications Department (see Useful Addresses).

Social Services

A network of agencies provides social services for many kinds of populations, with a certain degree of overlap between them. The primary governmental provider of services is the Ministry of Social Affairs and Social Services, which serves the public mainly through social services departments of the local municipal authorities. There is also a vast number of voluntary and non-profit organizations. Note that in many cases, an absorption counselor at branch offices of the Ministry of Aliyah and Immigrant Absorption can offer referrals to appropriate sources of assistance.



The Ministry of Senior Citizens Affairs

The Ministry of Senior Citizens Affairs develops projects including health, housing, social welfare, and other areas. The Ministry issues the "Te'udat Ezrach Vatik" to eligible seniors, which provides discounts and benefits in a variety of areas, including discounted fares on some public transportation, and discounted admission to a variety of social and cultural attractions. Eligible individuals should



receive the certificate automatically upon reaching the appropriate age. One who does not receive a certificate, or has any questions, should contact the Ministry. See Useful Addresses.

Note that some supermarkets, banks, movie theaters, and other businesses may also grant discounts upon presentation of the *te'udat ezrach vatik*. It is worthwhile to check which businesses grant discounts and other benefits.

The Ministry of Social Affairs and Social Services

The Ministry of Social Affairs and Social Services provides assistance to eligible persons via the social services departments (*machleket revacha*) of the local authorities. Services can include home-help, meals, transportation, and other practical aid, to those who meet criteria. In specific areas of the country, eligible residents may apply for a heating grant during winter months. The departments are also the referring body for day-clubs and other services of Eshel, The Association for the Planning and Development of Services for the Aged. Further, the departments provide counseling for individuals, families, and groups, and can provide referrals to other sources of assistance.

Contact a local social services department for more information. To find the number, contact the local municipal authority or the municipal information line (*moked ironi*). The number in most locations is 105/6/7.

The Ministry of Social Affairs and Social Services is responsible for licensing of partial-support homes (*diur mugan*) for seniors. Information is available from the Ministry.



The Local Authorities

Eligible residents in various communities may qualify for a discount on property taxes (*arnona*). For information, contact a local authority (105/6/7).

The Broadcasting Authority

The Broadcasting Authority (*Reshut HaShidur*) grants eligible seniors discounts on the television licensing fee. Consult the Authority for information (See Useful Addresses).

Voluntary and Non-Profit Organizations

A vast number of voluntary and non-profit organizations are active throughout the country. These include organizations that offer social and cultural activities, organizations benefiting those with physical disabilities, and organizations that loan or rent medical equipment. A family physician or the social services department of the local authority can provide information and referrals to appropriate organizations. The English-speaking immigrant associations can also often provide information. Information is also frequently listed in the press. Further, information is available from the booklets entitled, "Where to Turn," and "Guide to Services for the Disabled," available from the Publications Department. See the order form at the back of this booklet. See also Useful Address in this publication.



Useful Addresses and Telephone Numbers

Telephone numbers and some addresses change frequently in Israel. Consult the latest telephone directory or information operator if you do not reach a number listed here. When a telephone number has been changed, there may not be a recorded message noting the change. Thus, if the number continues to be unanswered, check whether it is still in use.



Address	Telephone/Fax
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Emergency Numbers

Fire Department	102
www.012.co.il	

Israel Electric Company	103
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Local Authorities	105/106/107
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Magen David Adom	101
www.magdais.org	
Fax for Hearing Impaired Persons	1-800-500-101

Police	100
www.police.gov.il	

United Hatzala	1221
www.israelrescue.org	
Emergency medical first response.	



Ministry of Social Affairs Hotline 118
www.molsa.gov.il

Emergency Fax: (08) 6652698

Hotline for guidance and referrals in crisis situations.

Association of Rape Crisis Centers in Israel

www.1202.org.il

National Hotline 1202

Hotline for Religious Women (02) 6730002

Hotline for Men and Boys 1203

Hotline for Religious Men (02) 5328000

Eran Mental Health Hotline 1201

www.eran.org.il

Senior Citizens Line *3201

National Domestic Violence Hotline 1-800-220-000

National Poison Control Center (04) 8541900

Home Front Command 104

www.oref.org.il



Ministry of Aliyah and Immigrant Absorption

www.klita.gov.il

info@moia.gov.il

Main Office 2 Rehov Kaplan

Kiryat Ben Gurion, POB 13061, Jerusalem

National Telephone Information Center (03) 9733333

Public Inquiries (02) 6752765

Returning Residents Division (02) 6750365

Southern and Jerusalem District Headquarters

31 Rehov Zalman Shazar (08) 6261216

Beer Sheva Fax: (08) 6230811

Jerusalem District Office

15 Rehov Hillel 1-599-500-923

Publications Department Fax: (02) 6241585

Haifa and Northern District Headquarters

15 Sderot HaPalyam (04) 8631111

Haifa Fax: (04) 8622589

Tel Aviv and Central District Headquarters

6 Rehov Esther HaMalka (03) 5209112

Tel Aviv Fax: (03) 5209173



Ministry of Senior Citizens' Affairs

www.vatikim.gov.il

Hotline

*8840

The Ministry of Health

www.health.gov.il

2 Rehov Ben Tabai, Jerusalem
Jerusalem

*5400

National Health Insurance Law Ombudsman

kvilot@moh.health.gov.il

39 Rehov Yermiyahu
Jerusalem

*5400 / (08) 6241010

Fax: (02) 5655969

For public inquiries in cases of refusal to register a person in health fund, limiting registration through special conditions or payments, or cases where a health fund refuses to provide a service specified by the government as part of the "basket of health services."

Public Inquiries

pniot@moh.health.gov.il

For public inquiries regarding physicians and dentists, the Freedom of Information law, and other inquiries not related to the National Health Insurance Law.

39 Rehov Yermiyahu, Jerusalem

*5400/(08)6241010

Fax: (02) 5655969



Embassies and Consulates

The United States Embassy

israel.usembassy.gov

taviv@state.gov

71 Rehov HaYarkon

(03) 7621694

Tel Aviv

Federal Benefits Unit

See <http://jerusalem.usconsulate.gov/fbucontactus.html>

The British Embassy

www.gov.uk/government/world/organisations/british-embassy-tel-aviv

webmaster.telaviv@fco.gov.uk

192 Rehov HaYarkon

(03) 7251222

Tel Aviv

The Canadian Embassy

www.canadainternational.gc.ca/israel

taviv@international.gc.ca

Canada House 3/5 Rehov Nirim

(03) 6363300

Tel Aviv

Fax: (03) 6363380

Mailing Address

P.O. Box 9442

Tel Aviv



The Australian Embassy

www.israel.embassy.gov.au/tavv/home.html

telaviv.embassy@dfat.gov.au

Discount Bank Tower (28th Floor) (03) 6935000

23 Rehov Yehuda Halevi

Tel Aviv

The South African Embassy

www.safis.co.il

Tel_Aviv.Consular@dirco.gov.za

12 Rehov Abba Hillel (03) 5252566

Ramat Gan

Housing Assistance Companies

M.G.A.R.

www.mgar.co.il

National Information Number 1-599-500-301

Amidar

www.amidar.co.il

Information Number *6266

Matan-Chen

www.matan-chen.org.il

Information Number 1-800-333-306



The Ministry of Transport and Road Safety

www.mot.gov.il

Computerized Service Center 1-222-56-78/*5678

Femi-Premium (03) 5688140

Taldor

Information Line (03) 9298587

Health Funds

Clalit Health Services

www.clalit.co.il

24 Hour Service Line *2700

Kupat Holim Maccabi

www.maccabi-health.co.il

24-Hour National Information Line 1-700-50-5353/*3555

Kupat Holim Meuhedet

www.meuhedet.co.il

National Information Line 1-222-38-33/*3833

Kupat Holim Leumit

www.leumit.co.il

National Information Line 1-700-507507



The National Insurance Institute

www.btl.gov.il

Main Office (02) 6709211
13 Sderot Weizmann
Jerusalem

National Call Center *6050 or 1-222-6050

Payment Line (08) 6509911

Counseling Service for Senior Citizens (02) 6463404
English Line

Counseling Centers for Senior Citizens

14 Rehov Habanim (08) 8686660
Ashdod

101 Rehov Hanesi'im (08) 6731076
Ashkelon

6 Rehov Wolfson (08) 6268452
Beer Sheva

8 Rehov Palyam (04) 8544832
Haifa

4 Rehov Shimon Ben Shetach (02) 6755681
Jerusalem

39 Rehov Weitzman (09) 7479847
Kfar Saba



Kikar Ha'ir Mall Carmiel	(04) 9907362
62 Rehov Weitzman Nahariya	(04) 9528231
68 Rehov Herzl Netanya	(09) 8892575
72 Rehov Rothschild Petach Tikva	(03) 9114851
50 Rehov Achi Eilat Krayot	(04) 8467515
7 Rehov Yisrael Galili Rishon LeTzion	(03) 9426636
64 Rehov Remez Rehovot	(08) 9345439
15 Rehov Hachashmonaim Ramat Gan	(03) 6751292
17 Rehov Yitzhak Sade Tel Aviv	(03) 6250107

English-Speaking Immigrant Organizations

Association of Americans and Canadians in Israel (AACI)

www.aaci.org.il

info@aaci.org.il

37 Rehov Pierre Koenig Jerusalem	(02) 5617151 Fax: (02) 5661186
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94 Rehov Allenby (03) 6960389
Tel Aviv Fax: (03) 6960401

Matnas "Yud Aleph" (08) 6434461
Rehov Mordechai Namir
Beer Sheva

UJIA (Incorporating Olim from Britain, Australia, and New Zealand)

32 Rehov Tuval (03) 6965244
POB 3624 Fax: (03)6968696
Tel Aviv
Israel@UJIA.org.il

37 Rehov Pierre Koenig (02) 5617151
Jerusalem Fax: (02) 5661186
ronen@ujia.org.il

Moshav Meona
P.O.B. 5144 (04) 9975166

South African Zionist Federation

www.telfed.org.il
telfed@inter.net.il

19/3 Rehov Schwartz 1st Floor (09) 7446110
Ra'ananna Fax: (09) 7446112

13 Rehov Ben Maimon (02) 5634822
Jerusalem



ESRA – English Speaking Residents Association

www.esra.org.il

esra_her@trendline.co.il

10 Rehov HaTsabarim

Herzlia

(09) 9508371



Non-Profit and Voluntary Organizations

Note: for more listings, consult also the booklets entitled "Where to Turn," "Health Services," and "Guide to Services for the Disabled," available from the Publications Department. See the order form at the back.

These listings are presented as an information service only. The Ministry of Aliyah and Immigrant Absorption does **not** endorse any particular organization or service. It is up to each individual to investigate and decide upon the appropriate source of assistance and aid.

Alzheimer's Association of Israel

www.alz-il.net

office@alz-emma.org.il

The Association offers information, counseling, support groups, and advocacy.

P.O.B. 8261

(03) 5341274

Ramat Gan

Support Line

*8889

Amcha – National Center for Psychological Support of Survivors of the Holocaust and the Second Generation

www.amcha.org

amcha@netvision.net.il

Amcha extends psychological and social support to Holocaust survivors and their families. Amcha also provides individual and group counseling, support groups and social clubs.

National Office

(02) 6250639

23 Rehov Hillel

P.O.B. Jerusalem

amcha@amcha.org



91 Rehov Herzl Beer Sheva amcha_beer_sheva@amcha.org	(08) 6270224
95 Sderot HaNasi Haifa amcha_haifa@amcha.org	(04) 8375649
23 Rehov Hillel Jerusalem amcha_jerusalem@amcha.org	(02) 6250745
4 Rehov Smilensky Netanya amcha_netanya@amcha.org	(09) 8341670
19 Rehov Hahistadrut Petach Tikva	(03) 9300577
44 Rehov Herzl Ramat Gan	(03) 6130425
143 Rehov Herzl Rehovot amcha_rehovot@amcha.org	(08) 9467293
58 Rehov Mazeh Tel Aviv amcha_tel_aviv@amcha.org	(03) 5665701/2/3/4



Ezra LeMarpeh

www.ezra-lemarpe.org

Ezra LeMarpeh provides a variety of services, including loans of emergency equipment, medical counseling, and transportation.

1 Rehov HaBosem (08) 8525541
Ashdod

24 Rehov Chida (Central Branch) (03) 5777000
Bnai Brak

Haifa 052-8014190
Ambulance service only

14 Rehov Geshet HaChaim 052-8014050
Jerusalem

27 Rehov Shoham (09) 7921447
Kedumim

21 Rehov Dan Dayan (04) 6949408
Kiryat Shmona

186 Rehov Ahuza (09) 7401700
Ra'ananna

10/12 Rehov Lev HaZahav (03) 6742622
Ramat Gan



Ezer MiTzion

www.ezer-mizion.org.il

Ezer MiTzion can provide medical guidance, emergency call button services, transport of patients, and other services.

5/5 Rehov Ahiezer (08) 8535634
Ashdod

Barzilai Hospital 052-7678166
3 Rehov HaHistadrut
Ashkelon

18/1 Rehov Admor Mi'Ruzin (02) 5806634
Beitar

5 Rehov Rabinov (03) 6144572
Bnai Brak

Wolfson Hospital (03) 5012391
Holon

25 Rehov Yermiahu (02) 5002111
Jerusalem

Meir Hospital (09) 7400515
45 Rehov Tchernikovsky
Kfar Sava

14 Rehov Sdei Hemed (08) 9743838
Modi'in Ilit

40 Rehov Hachayil (09) 7715691
Ra'annana

18 Rehov Mendely (08) 9456144
Rehovot



Ichilov Hospital (03) 6974637
Tel Aviv

3 Rehov HaMelitz (03) 5257010
Tel Aviv

Tel HaShomer Hospital (03) 5341338
Tel Hashomer

See the Ezer MeTzion website for more locations.

Israel Association for Osteoporosis and Bone Diseases
www.osteoporosis.co.il

The Association offers information and counseling.

32 Rehov HaHarash (03) 9533333
Hod HaSharon

Israel Association of Senior Citizens
www.sixtyplus.com

The Israel Association of Senior Citizens provides information, counseling, and social activities.

19 Rehov Nordau 050-7696228
Rehovot

Keshet – Association for the Aged in Tel Aviv
www.keshetaguda.org.il

Keshet offers information, counseling, and support groups.

100 Sd. Yerushalayim (03) 5133400
Jaffa



Kav LeZaken – Assistance Line for the Elderly

Kav LeZaken is an assistance line for persons in distress, or who are victims of domestic violence or neglect.

Hotline *3201

Law in the Service of the Elderly

www.elderlaw.org.il

info@elderlaw.org.il

Law in the Service of the Elderly offers legal information and aid.

P.O.B. 843

1-800-222-213

Haifa 31000

Fax: (04) 8644782

Lifeline for the Elderly (Yad LeKashish)

www.lifeline.org.il

Lifeline for the Elderly provides sheltered employment, meals, and other assistance for needy elderly and disabled individuals.

14 Rehov Shivtei Yisrael

(02) 6287829

Jerusalem

Melabev – Community Clubs for the Elderly

www.melabev.org

orly@melabev.org

Melabev maintains day clubs and frameworks for the memory-impaired. Memory clubs are for Hebrew, Russian, and English speakers. Day centers provide transportation, meals, and therapeutic programs. There are also services for the homebound, support groups, and educational programs for family members.

Main office – 124 Sd. Herzl 1-700-70-4533/(02) 6537591

Jerusalem



The Pensioners' Union (Histadrut HaGimla'im)

www.histadrut.org.il/index/php?page_id=451

The Pensioner's Union provides legal aid for members, and advocates for the rights of pensioners.

Beit HaVa'ad HaPoel (03) 6921257
93 Rehov Arlozorov
Tel Aviv

Reuth – Women's' Social Service

www.reuth.org.il
webmaster@reuth.org.il

Reuth provides residential and community services for the elderly and chronically ill.

Information line 1-700-700-204

5 Rehov Margolin (03) 5372012
Tel Aviv

Yad Riva – Legal Assistance for the Elderly

www.yadriva.org.il
yadr@yadsarah.org.il

Yad Riva offers information, legal aid, and advocacy.

Afula (04) 6426342

Ashdod (08) 8638804

Ashkelon (08) 6711532



Beer Sheva	(08) 9112000
Bnai Brak	(02) 6444569
Cfar Sava	(09) 8102778
Haifa	(04) 8102778
Holon	(03) 5040763
Netanya	(02) 6444569
Jerusalem	(02) 6444569
Migdal HaEmek	(04) 6042844
Ra'ananna	(02) 6444569
Rehovot	(02) 6444569

Yad Sarah

www.yadsarah.org.il

info@yadsarah.org.il

Yad Sarah loans medical equipment, transports patients, offers activities for the homebound, provides emergency alarm systems, runs a geriatric dental clinic, and offers legal aid, meals on wheels, and other services. Branches are located throughout the country. To find the branch nearest you, consult Yad Sarah's website, or contact your local municipal information line (moked ironi). Dial 105/6/7 most locations. **Note that at some branches it is necessary to call ahead for an appointment.**

Main Office

124 Rehov Herzl

(02) 6444455

Jerusalem



Yad Sarah Branch Offices

Ha'emek Hospital Afula	(04) 6403088
16 Rehov HaShayarot Alon Shvut	(02) 9933619
11/4 Sd. Chen Arad	(08) 9953422
7 Rehov Kibbutz Galuyot Ashdod	(08) 8638800
6 Rehov Ariel Ashkelon	(08) 6711532
3 Rehov Borochoy Bat Yam	(03) 5521349
2A Rehov Shaul HaMelech Beer Sheva	(08) 9112000
3 Rehov Zvahil Beitar Illit	(02) 5807480
4 Rehov Jabotinsky Beit Shemesh	(02) 9915857
6 Rehov Gottlieb Bnei Brak	(03) 5708071
Yad L'Yad Center Efrat	(02) 9932138
Mercaz Mor Eilat	(08) 6371445



31 Rehov David HaMelech Haifa	(04) 8382226
Rambam Hospital Haifa	(04) 8542254
54 Rehov Borochoy Herzlia	(09) 9587121
Hadassah Hospital Ein Kerem Jerusalem	(02) 6776260
Hadassah Hospital Mt. Scopus Jerusalem	(02) 5844485
15 Rehov Yehoshua Ben Nun Kiryat Arba	(02) 9605841
12 Rehov HaNitzanim Kfar Sava	(09) 7621111
10 Rehov HaNasi Kiryat Shmona	(04) 6940480
1 Kikar Yahalom Ma'aleh Adumim	(02) 5900716
23 Rehov Motta Gur Modi'in Maccabim Re'ut	(08) 9707525
Kenyon Harel Mevasseret Zion	(02) 5337667
23 Rehov Motta Gur Modi'in Maccabim Re'ut	(08) 9707525



1/5 Rehov Rabbi Akiva Modi'in Illit	(08) 9743378
3 Rehov Yavne Naharia	(04) 9924444
8 Rehov Ichilov Netanya	(09) 8303400
4 Rehov Jabotinsky Petach Tikva	(03) 9242565
3 Rehov Simcha Holtzberg Ra'ananna	(09) 7706600
8 Rehov HaNevi'im Rehovot	(08) 9457396
37 Rehov Zaminhoff Tel Aviv	(03) 5238974
2 Rehov Hashmonaim Tiberias	(04) 6715663
Sieff Hospital Tzfat	(04) 6923074
120 Rehov Golan Upper Nazareth	(04) 6552263

Association for the Advancement of Services for the Elderly – Internet Information Center

www.dorot-net.co.il

This is a Hebrew-language website containing information about social activities, housing options, studies, health, and other topics of interest to seniors.



Other Available Publications

The following booklets are available from the Publications Department. To order, simply indicate the booklets you wish to receive and return the order form to the Publications Department, English Section, Ministry of Aliyah and Immigrant Absorption, 15 Rehov Hillel, Jerusalem 9458115. The publications will be mailed to you free of charge.

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